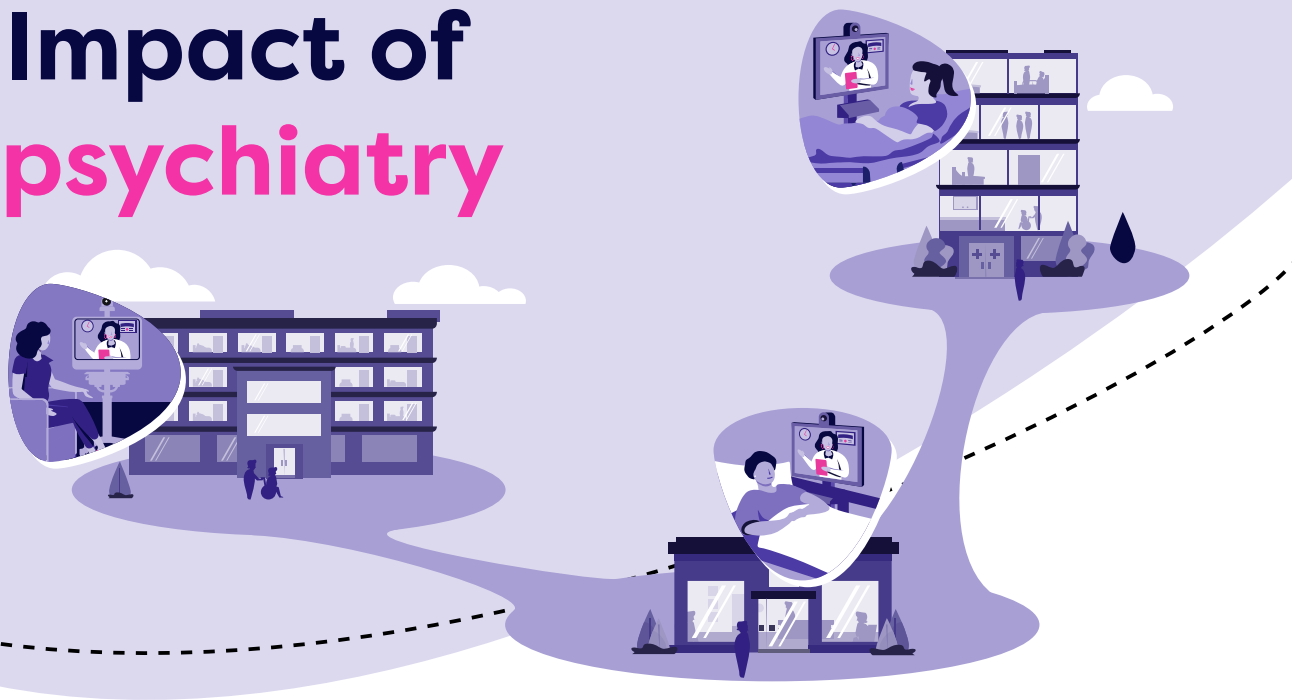


The Impact of Telepsychiatry



Telepsychiatry helps connect people with the high-quality behavioral health care they need – regardless of geographic barriers. This virtual access to specialty care reduces the difficulty of receiving mental health care services, promotes positive outcomes, and helps patients achieve their mental health goals.

Why is telepsychiatry important?

Lack of access to mental health services can make it difficult for patients to get treatment. Fortunately, telepsychiatry can bridge the gap between patients and the quality of care they need.

Here's how:



Telepsychiatry equalizes behavioral healthcare access nationwide



Telehealth increases medication adherence and follow-up visits



Telepsychiatry enhances patient-provider flexibility



Telepsychiatry boosts collaboration among stakeholders



Telepsychiatry aids in the shift to value-based care

"Telepsychiatry is the future of mental health care because it improves access and reduces barriers. We were already heading in this direction, but the pandemic has increased acceptance and comfortability with this care delivery method."

Dale McQueeney, MS, RN, PMHNP-BC, Iris Clinician

Telepsychiatry increases patient engagement

People across the country are learning about the benefits of virtual access to care after the COVID-19 pandemic.

Let's take a closer look at what patients are saying:



79% were very satisfied with the care received during their last telehealth visit¹



93% would be likely to use telemedicine to manage their prescriptions³



91% agree that telemedicine would help with appointment and prescription adherence²



59% said accessing virtual telehealth services was essential to their health⁴

Integrating virtual care drives provider satisfaction

Whether an organization already has a team of virtual providers or they are incorporating telepsychiatry for the first time, studies show that virtual health benefits providers, too:



More than 60% of physicians reported that telehealth is easy to use within their practice across urban, suburban, and rural locations⁵



More than 50% of physicians reported improved satisfaction with their work



68% of physicians reported that they wanted to increase the use of telehealth in their practice



53% of providers said that the addition of virtual care options led to an increase in patient visits⁴

"I really had to look at my time, my values, and how I could work smarter. Telepsychiatry was the answer because I could be present for a longer length of time, which is a pleasure. The time management that telepsychiatry has afforded me has greatly improved my quality of life."

Tracy Mullare, MD, Medical Director of Outpatient Services at Iris Telehealth

Telepsychiatry lays the groundwork for quality care

Patients need mental health treatment from providers who facilitate specialty care. Whether you're a community organization or health system, connecting patients with this care can help them meet their mental health needs and goals.

Telepsychiatry creates a positive experience for both providers and patients:



81% of patients said their interaction with their remote provider was thorough¹



83% of patients believed the quality of the patient-physician communication was good¹



75% of clinicians shared that telehealth enabled them to provide quality care⁷



85% of providers indicated that telehealth increased the timeliness of care⁸

"Telepsychiatry is here to stay, and it's simply because there aren't enough physicians or psychiatrists. From a treatment standpoint, it provides care instantaneously, when you need it, like in the middle of the night when there's no one around. Telepsychiatry has been growing and growing, and I don't see it going away."

Chris Heh, MD, Iris Clinician

The benefits of telepsychiatry

For organizations, telepsychiatry can be an excellent tool to help reach and meet the needs of your community. Evidence shows there is value in utilizing telepsychiatry services in many settings.⁸

Implementing telepsychiatry allows your organization to:

- Manage patient volumes
- Reduce wait times
- Address specialty patient needs
- Increase access to behavioral health
- Drive better behavioral health outcomes



"Partnering with Iris is partnering long-term. They maintain frequent and transparent communication with our staff 24/7. With Iris, we've seen a significant decrease in LOS, response times, and quicker sign-offs for inpatient admissions."

Director of Behavioral Health Services at Legacy Health System

How Iris Telehealth fits in

At Iris Telehealth, we deliver quality, sustainable behavioral health care so your organization can better support the patients who need it most. [Contact us](#) today if you'd like to learn more about implementing telepsychiatry into your organization's approach to behavioral health.

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