

How to Transition from Private Practice to a Telehealth Group

Transitioning from private practice to working for a telehealth group comes with a lot of benefits and considerations. That's why we're breaking down everything you need to know to make your switch seamless.

Why you might consider a transition to telehealth

Does this sound like something you've faced in your own practice?

- Challenges managing your paneling, licensing, and credentialing
- Stress from always 'being on' and available to patients
- Overwhelming demands of operating your own practice

Here are a few ways telehealth can support you in your career:

Less overhead: Certain telehealth groups pay providers based on hours scheduled, not volume seen. In a private practice setting, you might schedule seven clients in a day, but if only three show up, you're only paid for those three.

Multiple layers of support: With a telehealth group on your side, you have someone to walk with you through your entire journey from placement to help managing day-to-day stressors.

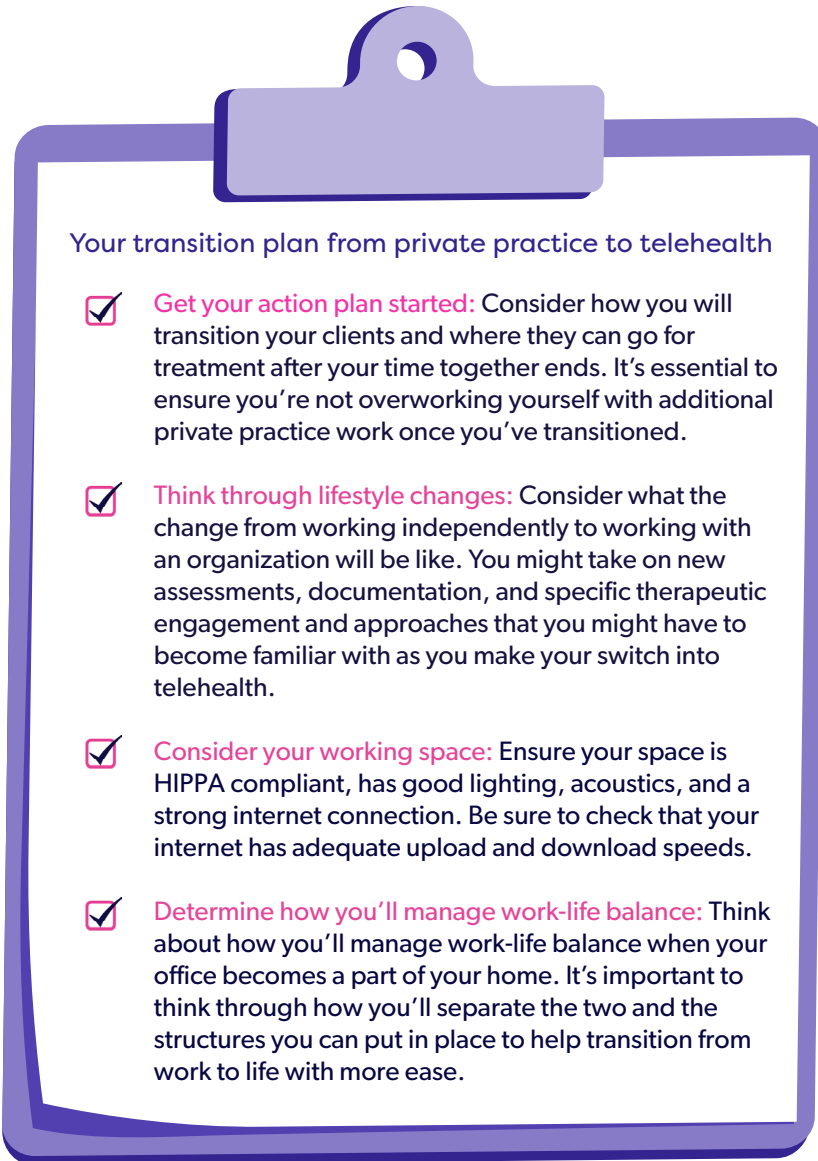
Help with licensing and credentialing: Working with a telehealth group that provides access to a medical staff services team is invaluable. With this type of support, you no longer have to worry about logistics or maintaining your license – it's all done for you.

Unique perks: Telehealth takes away the possibility of running into patients in the community. In most cases, you'll be a couple of states away from where your clients live. You're also saying goodbye to a stressful commute and hello to a comfortable work-from-home environment, making attaining work-life balance a true possibility.



How to make your switch from private practice seamless

So, how should you start the transition process? Let's take a look at what your next steps might look like.



Your transition plan from private practice to telehealth

- ✓ **Get your action plan started:** Consider how you will transition your clients and where they can go for treatment after your time together ends. It's essential to ensure you're not overworking yourself with additional private practice work once you've transitioned.
- ✓ **Think through lifestyle changes:** Consider what the change from working independently to working with an organization will be like. You might take on new assessments, documentation, and specific therapeutic engagement and approaches that you might have to become familiar with as you make your switch into telehealth.
- ✓ **Consider your working space:** Ensure your space is HIPPA compliant, has good lighting, acoustics, and a strong internet connection. Be sure to check that your internet has adequate upload and download speeds.
- ✓ **Determine how you'll manage work-life balance:** Think about how you'll manage work-life balance when your office becomes a part of your home. It's important to think through how you'll separate the two and the structures you can put in place to help transition from work to life with more ease.

After you've gone over these considerations, you'll need to figure out what organization feels like the best fit. While it's a big decision to make, there are a few components that have informed our clinician's decision when choosing Iris Telehealth.

"Everything combined has made Iris a wonderful workplace. I'm working from home, I don't have a commute, and it's a great work-life balance. I'm able to be a competent professional in a nice setting in California and have all the wonderful support Iris provides. If I had to design a perfect job in this role, I don't know that I could do any better than Iris has done."

Dennis Dodd,
PMHNP



"Iris is really the best company I've ever worked with. It's probably been the only company that treats you more as an individual rather than as, you know, 'you're just one of the doctors here.'"

Dr. Maria Lopez Rosario,
Child Psychiatrist



"Being supported by staff has been amazing and maintaining a work-life balance. That's what a lot of us strive for overall. I've found that here within Iris. I do a lot of work, and there are times when it is busy, but I don't feel like I'm to the point of being overstressed, overworked, or burned out."

Veronica Im,
LCSW



Get to know Iris Telehealth

At Iris, we believe our providers should be applauded for the amazing work they do every day. That's why we take care of these logistics that come along with licensing and credentialing, and support you with a full cycle recruiting team who walk alongside you from your first phone call through your placement at a hand-selected partner group.

Want to learn more? Check out our [careers services page](#) or [contact us today!](#)